

Recruiting - Volleyball

About the Lee College Volleyball Program



Lee College is located in [Baytown](#) near Houston, Texas. Lee College coaching staff use their knowledge, along with a variety of equipment and tests, to provide a strong training program.

Training regimens for each athlete are used to meet the needs of each player, making them stronger and quicker.

All student athletes and students enjoy the convenience Cafe '34 provides for them. The athletes are able to buy food and drink by using lunch tickets provided through their scholarships. Cafe '34, located in Moler Hall, is also a place for students to gather socially between classes.

[» Learn more about Lee College](#)

Training Facilities

Lee College's weight training program is a process in the development of strength and conditioning. It is a vital part of the Navigators' on-court success. To compete at the highest level of collegiate competition, the student-athlete must be complete in levels of strength and conditioning.

[» Learn more about the Wellness Center](#)

Contact

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